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Principal



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"Alton Central School is a Community of Compassionate Critical Thinkers Who Persevere"

Alton Central 2021 Spring Athletics
February 12, 2021

Dear Families,

Good news! We are going to kick off spring sports at ACS! We will continue to follow CDC and NHIAA COVID 19 guidelines; so things may be a bit different, but your athlete will finally be participating in school sports!

Sports being offered at ACS this spring will be:

- **Baseball and Softball for Grades 6-8** (if numbers are low we will drop to 5-8)
 - Practices for Baseball and Softball will be held at ACS, Monday-Friday 3-4:30.
- **Track & Field for Grades 5-8**
 - Practices for Track & Field will be held at Prospect Mountain 3-4:00, Monday-Thursday.
- **Intramural outdoor co-ed Volleyball Grades 5-8** as well!
 - Due to the Gym being closed, we will not be able to practice until the fields are available. So, an actual start date has not been set as of yet. Hopefully the winter will be kind and we can get things rolling soon!
 - Intramural Co-ed Volleyball: TBA

Guidelines and Changes for Spring Sports:

- Parents are strongly encouraged to transport their athletes to and from games and practices.
 - It will be the responsibility of the parent to contact the coach by Fridays for the following week's transportation needs. No contact will mean no transportation.
- Only Athletes and Coaches are allowed on the fields during practices and games.
- Athletes can change in the locker rooms, 4 at a time, wearing a mask.
- Coaches will check the temperature of Athletes before every game and practice.
- Athletes will not share equipment. For Baseball and Softball a personal helmet will be required.
- Parents need to stay in a vehicle when picking up their athlete.
- Athletes will sanitize their hands before, during, and after practices and competitions.
- If you watch practice, please do so from your vehicle.

During competitions:

- Please stay 20 feet away from the baseball/softball fields and at least 6 feet away from Track & Field Athletes.
- Masks are required as well as social distancing at Athletic events for spectators and athletes.
- Coaches will be responsible for sanitizing all equipment after any competitions.
- Dugouts will not be used for baseball and softball. Chairs will be provided for the teams.
- Competitions for Track & Field will be on a staggered start. We are hoping to be at PMHS.
- All equipment will be sanitized by Coaches.

Sign-ups and permission forms are available on the school website (or [Click Here](#)).

- Practices will begin when the snow is gone.
- If we go remote pivot days, practices and games are still on!!
- If the building is shut down, so are sports.

Other teams will be required to follow the same protocols when playing at Alton.

Coaches will have other sport specific guidelines to follow.

I hope this covers everything. If you have any questions, please feel free to email me at rperrin@sau72.org

Stay well,
Russ Perrin AD

"2019 NH K-8 School of Excellence"