Consideration of Alternatives for Re-design of Education

Alton Central School Re-Entry Plan
Fall, 2020

Introduction

The CARE Plan, designed to assess and address all components of education, takes into account the changing nature of Covid-19 and the restrictions related to it that impact teaching and learning. The Plan incorporates precautionary measures to minimize risk where possible.

While a return to school will look very different than past years, Alton Central School strives to offer children a meaningful and enriching learning experience no matter what service delivery is used. The priority of protecting the health of Alton students, staff and families may require the school to operate in various modes at different times with minimum advance notice.

Objective

To design academic, social, emotional and physical opportunities that will meet all student needs during a pandemic.

Goals

1. Minimize educational and social disruptions
2. Minimize academic losses
3. Preserve continuity of essential school functions
4. Establish protocols to ensure health and wellness
5. Provide mental health support

Guiding Factors

- Due to the unpredictable nature of the virus, this Plan will and must be fluid.
- The health and well-being of our staff and students is our highest priority.
- Decisions will be based on medical data from local, state, and national public health officials.
- Recognition that learning and needs are not “one size fits all”.
- Recognition that family circumstances are not “one size fits all”.

Consistency  Clarity  Quality
Recognizing the Need for Choice

Classroom attendance is important and conducive to learning. However, in the current pandemic environment, a focus on student on-site attendance must be balanced with the priority for keeping students and employees safe and healthy. Some parents/guardians may not feel comfortable sending children to school and will require ACS to consider alternative delivery systems of instruction.

Families will have a choice between on-site learning and remote, real time. Additionally, for those who need a more flexible schedule, the Virtual Learning Academy Charter School (VLACS) will allow students the option of taking 100% of their classwork with them and still remain an enrolled ACS student (VLACS registration is the responsibility of the family). Families must communicate their desired platform to the ACS office no later than August 7. Each mid-trimester, families will have the option of re-assessing their child’s learning platform and request a change for the following trimester. In-person learning will be granted if there is available space. Requests for a change in a learning platform other than at mid-trimester must be made to the Principal and will be considered/granted on a case-by-case basis.

The Three Choices

The levels of comfort and confidence from family to family will vary. To address and support circumstances, ACS is offering the following choices to students:

1. On-site Learning—children will receive their instruction at the Alton Central School building while following required and recommended restrictions.

2. Remote Learning in Real Time (Synchronous)—children will live stream with an ACS teacher either from the classroom or their home. When remoting into the classroom, the at-home student will be part of the class, monitored by a staff member. If working with a teacher who is at home, a daily schedule will be followed. This option is ideal for the family that wishes to continue with remote instruction and prefers a structured schedule.

3. Remote Learning: Virtual Learning Academy Charter School (VLACS) (Asynchronous)—classroom instruction will be provided by a VLACS teacher with a flexible schedule. The student will remain enrolled at ACS. It is the family’s responsibility to contact VLACS to register.
The School Day

- All students will be required to wear a mask at all times during the school day. However, teachers will be strongly encouraged to schedule "mask free time" throughout the day and design "mask free activities" when deemed appropriate.

- All students will have their own individual box with items (pencils, crayons, paper, etc) they will need to be successful throughout the day. Students will not share materials or items and will have their own tools assigned to them in order to access the curriculum.

- Students will be scheduled for hand sanitizing several times throughout the day.

- All desks (no group tables) will be placed at least 6’ apart.

- Students will use the bathroom protocol and will practice a hand washing routine.

- No lockers.

- Move staff, not students.

- The school will restrict accessibility. Items dropped off by parents after the start of school will be retrieved by the office staff from the vestibule and delivered to the student. Early dismissal students will be picked up from the vestibule. The office staff will escort students in/out.

Breakfast and Lunch, Snack Milk

For Now:

- Students will eat breakfast, snack and lunch in their classroom or outside (weather permitting).

- Hot lunch may be purchased. It will be brought to the classroom.

- Parents are encouraged to put money on their “My School Bucks” account instead of sending in a check or money. The District has waived the fee for depositing money in the system. A credit will come back in the form of a meal.

- Students will wash their hands before and after meals and snack.

- Snack milk will be discontinued until further notice.
**After School Activities**

Until further notice, after-school activities for large, multi-age groups will be cancelled. However, ACS recognizes that maintaining strong, positive social interactions is essential especially during these unusual times.

ACS is in the process of arranging classroom activities that will take place after school during which time children can play together and enjoy each other’s company in a safe and responsible manner. Modeled after the “Summer Fun in Alton” Program this summer—which was very successful—children will be invited to take part in games, art projects, movement and dance, and other fun “social time”. All students in the classroom—those who receive instruction in the building and those who are remote—will be welcome to attend.

More information will be forwarded to families as details are finalized.

And, if the school is required to move back to a fully remote platform, there will be a continuation of these “Drop Ins” so that children can stay connected.

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**Recess**

It will be important for students to have as much outdoor time as possible.

Teachers will be encouraged to take outside breaks, supervise activities and get fresh air.

Scheduled recess will take place during the day following these protocols:

♦ Students will wear a mask at recess.

♦ Students should not bring items from home to play with at recess.

♦ The playground will be open.

♦ Hand sanitizing stations will be set up near the playground.

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**Athletics**

Sports that require frequent closeness between players may make it more difficult to maintain social distancing compared to sports where players are not close to each other.

ACS will encourage students to continue with athletics, done in a safe and enjoyable manner. Players and Coaches can focus on individual skill building versus competition and put players into small groups that remain together and work through stations, rather than switching groups or mixing groups.

Athletics must incorporate:

♦ Minimal sharing of equipment

♦ Social distancing, wear a mask

♦ Limit any nonessential visitors, spectators, volunteers, and activities involving external groups or organizations.

♦ Sports teams will consider competing only against teams in our local area

♦ Prioritize outdoor, as opposed to indoor, practice and play as much as possible.

♦ Encourage players to wait in their cars with guardians until just before the beginning of a practice, warm-up, or game, instead of forming a group.
What happens when my child is not feeling well?

There are times when a child does not feel well but can still come to school. For example, students with diagnosed allergy symptoms (with no fever) that causes coughing with a clear runny nose or those with well-controlled asthma may be able to manage their symptoms, are not contagious, and have a working relationship with the school nurse.

Students and/or Staff must remain at home if they:
- Show symptoms of Covid-19 such as a fever higher than 100.4, a cough, shortness of breath, diarrhea, muscle pain, sore throat, difficulty breathing, chills, congestion, headache or a loss of taste or smell.
- Have been in close contact with someone with Covid-19 in the last 10 days.
- Contact April Elliott, the ACS Nurse, at 875-7500 to discuss symptoms and re-entry decisions.

If the above symptoms begin while at school, the student (or staff member) will be sent home immediately. A designated isolation room, separate from the nurse’s office, will hold symptomatic students until a parent/guardian can take them home. While in the room, they must wear a mask and will not be left alone. Parents must arrange for pick up within one hour. The room will be disinfected after it is occupied.

Parents/Guardians must notify ACS if they have been exposed to Covid-19 and are quarantined, or if a family member has been diagnosed with or presumed to have Covid-19 and/or is being isolated.

Students and staff will be required to self-quarantine for 10 days after the last date of exposure if they have:
- Recently had contact with a person with a confirmed case of Covid-19; or
- Has recently traveled from somewhere considered to be a “hot spot” by the CDC.

It is important to note that a positive case of Covid-19 in a household member is handled differently. Should a household member test positive, the 10 day quarantine for the other household contacts does not start until the positive family member’s 10 day isolation period ends. This means their quarantine may last up to 20 days (10 days while their household member is contagious and on isolation and then an additional 10 days once their household member ends isolation).

What if my child needs to see the nurse during the day for a minor injury or to get medication?

Beyond very basic first aid, students will report to the nurse as they have done in the past. Children who see the nurse for medication, will continue to do so. The nurse’s office will be kept separate from those who have symptoms requiring isolation.

Students who are home due to the 10-day isolation period and are well enough to take part in learning, are encouraged to remote into their classroom. Upon being sent home, the student will be given information on how to contact the teacher to get help to connect remotely to the classroom.

Age-appropriate learning about Covid-19 will be ongoing. ACS will display posters throughout the school with reminders about cough/sneeze etiquette, proper handwashing, physical distancing and the importance of staying home when sick.
Return to School After Exclusion

Once a student or staff member is excluded from the school environment, they may return if they satisfy the recommendations of the CDC and school. The school nurse must be notified the day before a child/staff member returns to discuss the re-entry plan. Currently the guidelines are:

**Showing Symptoms: Not Tested or Positive Test**

Those who are showing symptoms may return when all of the following conditions are met:

- They have not had a fever for at least 24 hours without the use of medicine that reduces fevers; and,
- Other symptoms have improved (for example, when a cough or shortness of breath has improved); and,
- At least 10 calendar days have passed since the symptoms first appeared; and,
- Has contacted the school nurse the day before the child/staff member plans to return to school to discuss the re-entry plan.

**Showing Symptoms: Negative Test (after onset of symptoms)**

- Provides documentation with results of negative test; and,
- They have not had a fever for at least 24 hours without the use of medicine that reduces fevers; and,
- Other symptoms have improved (for example, when a cough or shortness of breath has improved); and,
- At least 10 calendar days have passed since the symptoms first appeared; and,
- Has contacted the school nurse the day before the child/staff member plans to return to school to discuss the re-entry plan.

**Tests Positive: No Symptoms**

- At least 10 days have passed since the initial positive test; and,
- Has contacted the school nurse the day before the child/staff member plans to return to school to discuss the re-entry plan.

**Protocols if ACS has a confirmed case on school property**

The school will contact the health department immediately. The NH Department of Health and Human Services will assess factors such as the likelihood of exposure to others in the building, the number of cases in the community, and other factors that will determine building closure. The individual who tested positive will not be identified in communications to the school community at large but may need to be selectively identified for contact tracing by the health department. Working in conjunction with the health department and considering the location of the person with the positive case, the building will close for no less than two days for cleaning.
Upon Notification of a Positive Case of Covid (Student or Staff)

1. Administrative Team is convened
   a. Superintendent, Principal, Asst. Principal, Nurse

2. Contact DHHS with details and for guidance
   a. Nurse

3. Begin Contact Tracing:
   a. Generate list of staff who were in contact with the student/Staff: Review schedule of classroom to determine who was in the room:
      - Specialists
      - Special Education
      - Substitute Teacher(s)
      - Lunch Coverage
      - WIN/Academic Recovery
   b. Meet with Staff to determine their level of contact:
      - Must be 6’ or closer for 10 minutes or more

      If student positive, ask classroom teacher to bring seating chart when meeting with admin team
   c. Manage information. Allow admins to share at one time with all to avoid rumors.
   d. Ask staff to provide list of students who may have had close contact with student during the prescribed time:
      - Class
      - Recess
      - Bathroom
      - Bus
      - Sports
   e. Anyone who meets this level will immediately be brought to the isolation room:
      Each classroom teacher will talk with their own students to explain what is happening and to calm any fears they may have.

      Parents will be called. Student/Staff will be quarantined for 10 days from initial contact. Cannot shorten quarantine with a negative test.

      Information will be sent home with any child who is identified to have been in close contact.

      If students are pulled from recess, he/she will be called in and brought to the isolation room.

      If the students from recess are not pulled by their homeroom teacher, a script must be prepared to help explain to them what is happening and to calm any fears they may have.

   f. When a person is identified with a positive test and contact tracing takes place, the impacted classroom will be closed immediately and an alternative room will be used for the unaffected students.

4. Contact the School Board, Commissioner of Education

5. Contact PMHS

6. Prepare letter/information to send to families (see addendum)
Upon Notification of a Positive Case of Covid (Student or Staff) (con’t)

7. Meet with staff (not affected) to inform/update/debrief
   Discuss closure (if any or for how long)
   Additional precautions being taken
   Answer questions

8. Provide language to ACS and SAU office staff for incoming phone calls.

9. Send Information to families
   Blast notification (email, voice, text)
   Mobile App
   FaceBook
   Website

10. Contact the bus company
    Contact tracing (reassure driver)
    Regarding school closure

11. Provide DHHS with names/contact information for all those who had close contact

12. Report positive case on the NH DHHS site

13. Contact Facilities Director. Room/area closed for 24 hours

14. Deep Clean of room/area/school after 24 hours

15. Addressing secondary contacts:
    Family members of the close contact student should closely monitor themselves for any symptoms. However, family members do not need to self-quarantine unless they develop symptoms or if the person identified as a close contact develops Covid-19.

School Closure Due to a Positive Case

When circumstances make it possible for only a partial section of the building to be closed when a positive case is reported, families will be notified regarding the affected grade levels. During a partial closure, parents may request from the Principal a medical waiver allowing a sibling to remote into class (to assist with childcare and/or other family needs).
All students will be required to wear a mask* at all times during the school day. However, teachers will be strongly encouraged to schedule "mask free time" throughout the day and design "mask free activities" when deemed appropriate. Areas around the school have been identified as outside work space. Staff will be required to wear a mask*. Masks must be worn on the school bus.

Children/Staff are encouraged to bring a mask from home (school appropriate) however the school will provide a mask when needed. *unless physically unable to wear one because of a medical issue; a transparent desk guard will be provided

ACS will offer opportunities for students to socially connect both on-site and during remote learning. We will be reaching out to the community to help facilitate social groups, activities and create “drop ins”. The emotional well-being of our students is a high priority; mental well-being is as important as physical well-being.

• Encourage students to talk with people they trust about their concerns and how they are feeling.

• ACS will coordinate with families to assist with the psychological needs of students.

• The school’s Student Support Team (SST) will identify individuals who need targeted supports and/or community services.

• Extra time with the guidance counselors and social worker has been included in the schedule for students in grades 5-8, whether instruction is live or remote.

• Collaborate with ACS student groups and the community to promote socializing for all age groups during all stages of the pandemic.

• ACS will be flexible with time that students need to meet with counselors or the school social worker.

• Work with families to identify those who may need assistance with food, clothing and other basic needs.

• If 100% remote instruction is brought back, “drop in” times will be created during which students can come to the school and engage in fun, safe, appropriate activities with their classmates.
Educational Outcomes

The importance of in-person learning is well-documented, and there is already evidence of the negative impact there has been on children because of school closures this past spring.

ACS is committed to minimizing the potential health impact of Covid-19 while engaging children in learning during the school day in the building.

With the beginning of the new school year, ACS will:

- Focus on content areas.
- Maximize learning in reading and math
- Establish Anchor Standards—more information regarding report cards will be sent out in the future.

- Specialists such as music, art, guidance, Spanish, etc. will give in-person instruction in the classroom.

- Assess students academically to determine where they are starting from and determine the best path forward for each student.

- Consistency with reading and writing will take place in grades K-8.

- Utilize Google Classroom to facilitate instruction for in-person and remote students.

- Enlist the help of additional tutors to help “fill the gap” which occurred due to a loss of learning during the last trimester of the 2019-20 school year.

- Prioritize the needs of the most vulnerable students including students with disabilities.

- No homework during the pandemic.

- Work areas will be designated for staff to minimize cohort mingling. A copy machine and supplies will be provided in each space when available: K-2, teachers' room; 3-4, a 3-4 classroom; 5-6, cafeteria annex; 7-8, cafeteria; UA, Makerspace.

- Educators, children and families may experience stress, confusion, fear, anger, sadness, or anxiety during the return to school. ACS will address and support students’ safety, social-emotional health and wellness needs. ACS staff will continually assess the individual needs of children and assist in providing them with supports that meet universal and individual student needs.

Although there is uncertainty regarding the impact of Covid-19, we cannot be uncertain as to the level of education Alton children receive.
**Prioritize Outcomes:** Grades K-4

**Balanced Literacy:** Read aloud; shared reading; reading workshop (with direct instruction and independent reading); write aloud; shared writing; writing workshop (with direct instruction and independent writing); word study

**Balanced Math Instruction:** Modeled, shared, guided, independent

**Scheduling/Trimester:**

Assessment/set up schedule/teach routines, expectations, technology

Small, flexible groups based on assessment results
- Target standards
- Leverage paras, Title I, and Special Education to create silos with “co-teachers”; utilize other rooms in the building or with students who are receiving instruction at home
- Teachers provide mini-lessons (live streamed and recorded); “co-teacher” provide support to online students. If in school full time, co-teacher alternates with classroom teacher.
- Grade-levels can divide responsibilities for reading, writing, and math
- Can livestream lessons to other rooms in the building with smaller groups

Reassess and rework groups

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**Prioritize Outcomes:** Grades 5-8

Reading, writing, and math

- Use science to support math skills; social studies to support reading and writing. (Increase writing across the curriculum expectations)
- ELA/SS teachers work and plan together; math/science teachers work and plan together
- Use assessment data to create small intervention groups

Consistency with Google Classroom

- Leverage paras and Special Education to create silos with “co-teachers”; utilize other rooms in the building or with students who are receiving instruction at home
- Teachers provide mini-lessons (live streamed and recorded); “co-teacher” provide support to online students. If in school full time, co-teacher alternates with classroom teacher.
- Format: Google Slides
- Embed livestream links/videos. Work, links to subscriptions
- Can livestream lessons to other rooms in the building with smaller groups
Remote Instruction and the “Pivot”

It’s understood and expected that some staff and students will need to work from home. Feedback from the parent and staff surveys served as the guiding documents when considering how remote instruction should be delivered in the fall. Teachers will work to provide consistency with schedules, clarity of expectations, and quality assignments. Class lists will be determined by the number of students who elect to work remotely. Students will “live stream” with their teacher(s) during the day; instruction may be seen from the classroom or from a teacher working from home. Each classroom teacher in the building will have an assigned support staff member who will monitor and manage the remote students.

Students will be able to “opt out” of in-person instruction at any time but will only be allowed to “opt in” to in-person instruction at the beginning of a trimester.

The structure for remote learning will include:

- A consistent schedule with a morning meeting, class times and assignments.
- Students in grades 6-8 will have larger Chromebooks to make research and online lessons easier to manage.
- Students in grades K-2 will each have a Chromebook.
- Students in grades 3-4 will each have a Chromebook and will be given a wired mouse.
- Students in grade 5 will continue with their Chromebook.
- Student growth will be regularly assessed and monitored by classroom teachers.
- Children in Grades K-2 will be assigned longer breaks within the day to enhance attention and recognize their need for movement during the day.
- The majority of instruction will be done through live, face-to-face teaching.
- Students will charge their Chromebook at home every night.

Pivoting to Remote Instruction

Due to the unknown nature of Covid-19, students will be asked to bring their Chromebook home every afternoon.

If it becomes necessary for students to engage in remote instruction 100% of the time, families will be provided with schedules and tools to assist with the transition.

Attendance will continue to be taken and all students will be expected to attend class and complete assignments.

Notification of a complete remote change could come with short notice due to the ever changing pandemic environment.
Ensuring the academic, physical, emotional and psychological safety of every student is a priority for all reopening plans. This means considering the heightened risks facing our most vulnerable students and the staff who support them, including but not limited to those with compromised immune systems, impulse control issues, or other behavioral issues or disabilities who cannot follow public health guidelines. The plan for these students will be developed on a case by case basis.

Morning— Students with complex needs will:

- be met by a staff member at the bus/parent vehicle.
- have a staff member to guide them to the main entrance.
- be guided through the hand washing process by a staff member upon arrival and will have a schedule of hand washing throughout the day.
- be escorted by the staff member directly to their assigned classroom.

Related Services

- Whenever possible, special education services will be provided in the classroom.
- When working in small groups, staff will wear PPE shields and protective clothing.
- Students and staff will sanitize or wash hands prior to group work as well as after group work.
- No materials will be shared. Each student will have their own set of tools and equipment.

Lunch for students with complex needs

- Students who need assistance with eating will be helped by an education provider who may protect themselves by wearing appropriate PPE and protective clothing.
- Students will be asked to have multiple changes of clothes on hand.

Preschool

- Preschool will continue to be held remotely.
- Preschool teachers will present programming from their classroom to their students.

End of the Day:

- Students will be escorted by the staff member directly to their bus/car, etc.
Transportation

- Buses have a high back seat (29”).
- Students must wear a mask on the bus.
- One student to a seat, marked where to sit.
- Students must wear their mask from the bus into the school and to their classroom.
- At the end of the day, students will be dismissed to their bus one grade at a time, one bus at a time.

The maximum ridership with one student to a seat is 26. In the morning, the bus will pick up those who live furthest from the school and work their way in. The first 26 will be dropped off at school and then the remainder of the children will be picked up. When students arrive, they will report directly to their homeroom.

In the afternoon, the 26 students who live closest to the school will be dropped off first. The bus will then return to the school and transport the remaining students. Students who are waiting will be supervised with social distancing.

Bus Company Responsibility

- Daily disinfection of all surfaces after each bus run.
- Bus drivers will wear facial coverings while transporting students.
- Bus drivers will use an alcohol based hand sanitizer containing at least 60% alcohol.
- Buses will be cleaned using Zoono Z71 Microbe Shield Disinfectant: kills pathogens, destroys viruses.

Students being picked up at the end of the day will be called down to the dismissal area (back parking lot) using a personal, individual notification system provided by Pick Up Patrol that calls directly into the child’s classroom. This will ensure that students will not congregate at the end of the day. The individual process will take a little longer, so the school anticipates starting dismissal for those being picked up at 2:30 instead of 2:50.
Consideration of Alternatives for Re-design of Education

Alton Central School Re-Entry Plan
Fall, 2020

The ACS Before School Check

Before heading off to school, check for the following:

Do you have any of these symptoms?

Have you had a positive COVID-19 test in the past 14 days?

Have you traveled to a state where COVID-19 is spreading or is on the rise?

If you answered "yes" to any of these, keep your child at home and contact the ACS school nurse (875-7500)

ACS - Looking Out For Each Other

If choosing to attend school in the building:
- Families asked to pre-check their child before coming to school—use magnet (above) being sent home.
- Must follow all of the safety and health protocols.
- May “opt out” of coming to the building before the end of the trimester, but cannot “opt in” until the following trimester.

If choosing to do remote instruction:
- Must attend classes everyday.
- Complete all assignments.
- Remember that the availability of teachers is from 7:30-3:15
- Be available to pick up materials as needed or watch the lesson if materials are not available.

Decisions Needed By August 7
(watch the mail)
Review, Revise, Rewrite: The Covid Status Team

At school re-entry, a Covid Status Team will be formed to monitor the effectiveness of protocols, health practices, and the determination regarding necessary materials. The team will be comprised of: Superintendent, Principal, ATA members, Paraeducator, Facilities Director, Nurse, Food Service Director, Office Staff. The team will meet weekly for the first six weeks of school and then evaluate the necessity for the frequency of meetings.

First Student Day

To allow teachers and staff the time to prepare for the challenges of presenting instruction under the conditions of social distancing, safety precautions, and new expectations —

- The first student day be September 8 instead of September 2. This will provide staff with 6 preparation days instead of 4.

- Every Friday will be an early release at 12:30. This will be in lieu of already scheduled early release days.

Resources

- American Academy of Pediatrics
- Center for Disease Control
- Illinois Department of Education
- Massachusetts State Re-Entry Plan
- NH Department of Education
- NH Department of Human Services
- North Carolina State Re-entry Plan
- Primex
- Safe Work Playbook, Lear Corp.
- Strong Schools Public Health Toolkit
- US Department of Health and Human Services
- Vermont State Re-Entry Plan
- Wisconsin Returning to School Plan

School Board Re-Affirmed:
October 21, 2020
ADDENDUM

Visitor Screening Form
Before School Check Magnet
Notification of Positive Covid Test
Remote Pivot for Symptomatic Students
Trimester Request for Change
  5 Steps to Expect
  Close Contact Letter
Preschool Re-Entry Handbook
Spring Sports Protocols, 2021
  Updates to the Plan

**DISCLAIMER**
Several items in the Addendum are samples that contain information that was accurate at the time of writing and may be different than current protocols/practices

Refer to pages 1-16 for the most up-to-date information.
COVID-19: Screening Checklist – for Visitors

ALL individuals entering the building must answer the following questions:

1. Have you washed your hands or used alcohol-based hand rub on entry?
   □ Yes  □ No – please ask them to do so

2. Have you had any of the following respiratory symptoms?
   □ Cough  □ Shortness of breath  □ Fever  □ Repeated shaking with chills  □ Chills
   □ Headache  □ Muscles pain  □ Sore throat  □ New loss of taste or smell  □ Vomiting
   □ Diarrhea

   - If YES to any, restrict them from entering the building.
   - If NO to all, proceed to question #3

3. Check temperature and document results: ____________  □ Fever present?

   - If YES, restrict from entering the building.
   - If NO, proceed to step 4.

4. Have you been in contact with someone with a confirmed COVID-19 case?
   □ Yes  □ No

   - If YES, restrict them from entering the building.
   - If NO, proceed to step 5.

5. Have you travelled outside of New England in the past 5 days?  □ Yes  □ No

   - If YES, have you quarantined for 14 days? If no, restrict from building
   - If NO, proceed to step 6.

6. Allow entry to building and remind the individual to:
   □ Wash their hands or use ABHR throughout their time in the building.
   □ Not shake hands with, touch or hug individuals during their visit.
   □ Wear a facemask while in the building

Signature of Visitor: ___________________________  Date: ____________

Time entering: ____________________  Time exiting: ________________
The ACS Before School Check

Before heading off to school, check for the following:

Have you had a positive COVID-test within the past 14 days?

Have you traveled to a state where COVID-19 is spreading or is on the rise?

If you answered “yes” to any of these, keep your child at home and contact the ACS school nurse (875-7500)

ACS- Looking Out For Each Other
Dear Parent(s) and/or Guardian(s):

Your child is being sent home on ____________________ because he/she is exhibiting symptoms associated with Covid-19. We hope he/she is feeling better soon.

RETURN TO SCHOOL

Conditions under either A or B must be met before your child can return to school:

☐ A  If NO Covid-19 test was done on the student after symptoms began OR if the Covid-19 test was positive, all of the requirements below must be met:

- No fever for a least 24 hours without the use of medicine that reduces fevers; and,
- Other symptoms have improved (for example, when a cough or shortness of breath has improved); and,
- At least 10 calendar days have passed since the symptoms first appeared; and,
- Has contacted the school nurse the day before the child/staff member plans to return to school to discuss the re-entry plan.

*If your child is well enough during the 10 days to join his/her class remotely so he/she does not fall behind, this is how to access the class instruction:

1. Send an email to your child’s homeroom teacher:
2. All classroom materials are available on Google Classroom. The teacher will help your child access that platform.
3. Attendance is taken every day. If your child is attending school remotely, he/she is not marked absent because he/she is “attending” school from home.

☐ B  If Covid-19 test is negative, all of the requirements below must be met:

- No fever for a least 24 hours without the use of medicine that reduces fevers; and,
- Other symptoms have improved; and,
- Provide a copy of the negative Covid-19 test to the school nurse (aelliott@sau72.org) and,
- Contact the school nurse the day before your child plans to return to school to discuss the re-entry plan.

*Don’t forget to contact April Elliott (aelliott@sau72.org) (875-7500) the day before your child is due to return to school.*
October 2, 2020

Dear Alton Central School Families,

We were informed today of a confirmed case of COVID-19 at our school.

Our nurse, administrators and teachers are actively working with and following guidelines from the New Hampshire Department of Health and Human Services (DHHS).

NH DHHS has requested we provide contact information for anyone who has been identified as having had close contact (within 6 feet for longer than 10 minutes) with the infected person. NH DHHS will contact these individuals or their parent/guardian and will instruct them how to self-quarantine at home. Those families and staff will be directed to get tested and keep themselves or their children quarantined until 14 days following their last possible exposure. A guide for self-quarantine can be found here.

If you or your child are experiencing symptoms of COVID-19, such as a fever, chills, respiratory illness, aches or change in taste and smell, please stay home and away from others and get a COVID-19 PCR test. You may also choose to seek out testing from your healthcare provider or at one of the testing sites located throughout the state (https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/covid-testing-options.pdf). If you choose either of those options, you should bring this letter with you.

Please note that if you or your child are currently quarantined, you must complete quarantine, even if your test is negative. This is because the maximum amount of time from being exposed to the virus that causes COVID-19 and testing positive is 14 days. Therefore, even if your child tests negative today, they would need to quarantine until they reach the 14th day following exposure returning on October 15, 2020.

The safety of our children and employees is our top priority. Due to the fidelity to our Re-Entry Plan regarding social distancing (6’ desk placement), keeping cohorts of children separated during the day, maintaining hand sanitation, wearing a mask, and remaining in single classrooms, contact tracing was contained to a very small area of the building and easily tracked.

The ACS Plan calls for deep cleaning upon notice of a positive case. As a result, we will pivot to remote instruction beginning Monday, October 5 through Thursday, October 8. Friday is a scheduled teacher workshop day; Mr. Mac will be sending out details in the Sunday message regarding parent/teacher conferences for grades 5-8 that will take place remotely on the 9th. There will be no scheduled classes that day. We will then enjoy the long holiday weekend and return back to school on Tuesday, October 13.

Children may worry about themselves, their family and friends getting sick with COVID-19. Tips for talking to children about COVID-19 can be found here. If you have any questions, please feel free to contact anyone at the school. We are all in this together.

Most Sincerely,

Pamela Stiles, M.Ed., CAGS
Superintendent of Schools
REQUEST FOR CHANGE OF INSTRUCTIONAL PLATFORM

Name of Student: ___________________________  Current Grade: ____

Current Homeroom Teacher: ___________________  Date ________________

My child:

☐ is currently in-person and requests to change to remote.

☐ is currently remote and requests to change to in-person.

☐ My child will need to be added to the bus route.

Address: _____________________________________________

☐ Morning  ☐ Afternoon  ☐ Both

I will be notified by the school regarding the status of my request no later than November 24, 2020.

Parent/Guardian Name (Please Print): ________________________________

Parent/Guardian Signature: _________________________________________

Email Address: ___________________________________  Phone: __________
5 steps to expect if a student or staff member tests positive for COVID-19

Case interview
Once a positive result is reported, public health officials will contact the person with COVID-19. If the infected person is under 18 years old, the person’s parent or guardian will be contacted.

An investigation will be conducted and the person with COVID-19 will be asked to isolate at home.

Identification of close contacts
Public health officials will assess who is considered to be a close contact and needs to be quarantined. The school may be contacted to get seating arrangements or other information.

Close contacts are those that had close, prolonged contact with the infected person. This is defined as six feet or closer for ten minutes or more.
Isolation for people with COVID-19

Children or staff who are under isolation will be required to stay home until they meet the following criteria:

If symptomatic:
- No fever for at least 24 hours without the use of fever-reducing medication
- Symptoms have been improving for at least 24 hours
- At least ten days have passed since symptoms first started

If asymptomatic:
- At least ten days have passed since their test was collected

Quarantine of close contacts

Children or staff who are under quarantine will be asked to stay home for 14 days after their last exposure to the infected person, monitor for symptoms and seek testing.

A negative test does not shorten the length of quarantine.

Return to school

People with COVID-19 may return once they have:
- Met ALL of the relevant criteria outlined in Step 3
- Received a release letter from public health officials

Close contacts may return once they have:
- Completed their quarantine period without developing symptoms or testing positive

For education related questions, call

603.271.3494
For TDD Access:
Relay NH 1.800.735.2964

For public health related questions, call

603.271.4496
After-hours: Call 603.271.5300
and ask for the public health nurse on call
Dear Parents/Guardians,

Alton Central School has been notified of a positive Covid-19 test among our community. In response to that information, the administration and teachers began the task of identifying anyone who may have been in close contact. This letter is to notify you that your child has met the definition of “close contact”.

**What does this mean?** Your child was within 6’ of someone who has tested positive for a total of 10 minutes or more. Because the ACS protocols include keeping all desks at least 6’ apart, keeping cohort groups separate, restricting students to one classroom and restricting visitors, close contacts have been minimized. It’s possible for some children in a classroom to be identified while others are not given seating arrangements. And, if your child kept distanced in the classroom but had contact at recess or on the bus, they could be considered a close contact.

For additional information regarding quarantine, please click [here](https://www.dhhs.nh.gov/dphs/cdcs/COVID19/self-quarantine-covid.pdf) or go to:

**So, now what will happen?** Your child will need to stay home and you should monitor their health. The quarantine time is 14 days after their last contact with the person who tested positive (written below). Watch for fever (100.4 • F), cough, shortness of breath, or other symptoms of COVID-19 (see the magnet of symptoms that was sent home at the beginning of the school year). Stay away from others, especially people who are at higher risk for getting sick from COVID-19. The public health dept will be following up with you directly in the next couple of days to review the exact timeline, discuss who you have been around and where you have spent time while he/she may have been able to spread the virus to others.

Your child’s absences will be excused for medical quarantine and they will still be able to access their schoolwork remotely through Google Classroom — they will remain in all their current classes. They should email teachers for clarification and try to keep up with schoolwork as best they can during this time.

**Should your child be tested?** Given the close contact with someone who has COVID-19, he/she should be tested, even if there are no symptoms. There are a number of locations that are testing including Clear Choice Urgent Care in Alton, CVS, and Minute Clinic. Generally, results are available 2-4 days after testing. While you are waiting for the test results, keep your child home and away from others and monitor their health.
What if your child’s test is negative and he/she doesn’t have any symptoms? Your child still needs to continue to stay home and self-quarantine away from others for 14 days after their last exposure to COVID-19 and follow all recommendations from the health department. This is important because symptoms can appear up to 14 days after you’ve been exposed and are infected. A negative result before the end of your quarantine period does not rule out possible infection.

What if your child’s test is negative but he/she does have symptoms? He/she would continue to self-quarantine away from others for 14 days after their last exposure to COVID-19 and follow all recommendations from the health department. Additional medical consultation and a second test may be needed if their symptoms do not improve.

What if the test is positive? If your child’s test comes back positive, contact DHHS at 271-6996 to report and for instruction. Your child would continue to stay home and self-isolate away from others and monitor health. If he/she has symptoms of COVID-19 and they worsen or become severe, you should seek emergency medical care. Severe symptoms include trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face.

How will my child be cleared to go back to school? A representative from the Department of Public Health will email you a clearance letter at midnight the day your child can resume activities. This letter must be forwarded to the school nurse (aellott@sau72.org) prior to his/her return in order for the school to be able to welcome your child back in the building.

What does this mean for family members who had no contact with the person who had the positive test? If you have been around someone who was identified as a close contact to a person with COVID-19, closely monitor yourself for any symptoms. You do not need to self-quarantine unless you develop symptoms or if the person identified as a close contact develops COVID-19.

If there are questions you would like answers to, please contact April Elliott, the ACS school nurse, at 875-7500. She will be more than happy to help you.

The full resources of the school are available to you as you make your way through these very unusual times. If there is anything we can do, please do not hesitate to contact us at 875-7500.

Most Sincerely,

Pamela Stiles, Superintendent April Elliott, School Nurse
Alton Central School
Preschool Reopening Plan

March, 2021
Preschool Hours

**AM Session**

Monday, Thursday 8:15 AM-10:15 AM  
Drop Off 8:15 AM  
Pickup 10:15 AM

Tuesday, Friday 8:15 AM-10:15 AM  
Drop Off 8:15 AM  
Pickup 10:15 AM

**PM Session**

Monday, Thursday 11:45 AM-1:45 PM  
Drop Off 11:45 AM  
Pickup 1:45 PM

Children should bring:

- their own reusable water bottle and snack
- clothes in a labeled bag so that all student items remain separate
- snow pants, boots, mittens, hats, etc. for outdoor play (LABEL ALL ITEMS)
- a comfortable mask which must be worn at all times.
Drop Off and Pick Up Policies and Procedures

Parents are required to wear a face mask during drop-off and pick-up.

- **Drop Off:** Parents and staff will meet at the playground gate.
  - Parents are required to be masked, maintain 6 feet distance from other parents/families and follow the markers on the ground when waiting at the gate.
  - Student temperatures will be taken by staff at the playground gate using a touchless thermometer. The temperature must be less than 100°F/38°C to be admitted into the school.
  - If a stormy day; will take temperature at the door and utilize umbrellas if needed
  - Parents will share if a child has symptoms based on the ACS checklist.
  - Staff will make a visual inspection of the child for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness.
  - Parents are not permitted to enter the facility.
  - In person visits are not permitted. Parents should schedule a meeting time with a teacher if they would like a student update, have concerns, etc.

> It is suggested the same parent should drop off and pick up the child every day.

- **Pick up:** Parents will remain in their vehicle in the back parking lot loop until the child arrives at their vehicle. Parents are then responsible for buckling their own child in the car.
  - Parents are not permitted to enter the facility.
Attention to our youngest learners is especially important when considering social events that prepare and orient this group of learners to the routines, schedules, and patterns of their school environment that may not be possible as usual. Young students may struggle more than other students with understanding and complying with social distancing and wearing face coverings.

Students should remain in small groups with the same students and remain 6 feet apart as much as possible. Having instruction outside may help with social distancing requirements. Arranging developmentally appropriate activities for smaller group activities will be in place.

Teachers will rearrange furniture and play spaces to meet social distancing requirements.

Teachers will find creative ways to allow students to create their own space using yarn, masking tape, or other materials. Teachers will implement strategies to model and reinforce social and physical distancing and movement.

For example, if block building is one of the toys being played with for the day the teacher will lead children to discuss with each other what they are building, playing with, etc. We will be encouraging children to talk to each other, get to know each other and to learn from one another.

Within this time we will also be able to focus on social skills such as giving compliments, listening to others ideas, making eye contact, being kind, using friendly signals, etc. We will foster a sense of community and socialization while being able to maintain distance. After free play the children may be led by the teacher into a fine motor or art activity. The small group size will enable teachers to lead this activity for everyone, while maintaining distance.
Practices that will be used:

• The indoor environment will be extended to the outdoors when applicable and weather permitting.

• Plan activities that do not require close physical contact between multiple children.

• Developmentally arranged appropriate activities for smaller group activities with furniture and play spaces arranged to maintain 6-feet separation.

• Limit the number of children per table to maintain separation during activities and snack time.

• Offer more opportunities for individual play and solo activities, such as fine motor activities (e.g., drawing, coloring, cutting, puzzles, and other manipulatives).

• Masking tape or other materials will be used for children to create separation and have their own space.

• Educate children about social distancing and give verbal reminders; Model social distancing when interacting with children, families, and staff.

• Implement strategies to model and reinforce social and physical distancing and movement as best as possible.

• Use mats, trays, or other visuals for spacing.

• Create and develop a scripted story/role play around social distancing, as well as hand washing, proper etiquette for sneezes, coughs, etc.

• Give frequent verbal reminders to children.

DAILY HEALTH CHECK

All staff, families, children and their household members must conduct a check before coming to school. Should you or any household member have any COVID-19-like symptoms during the preceding 72 hours, we ask you to remain out of the school and notify the nurse, April Elliott, at 875-7500.
All children must submit to a temperature check upon arrival at the school and must provide complete and accurate responses to the Daily Health Check. Anyone refusing to comply will not be permitted entry. The Daily Health Check questions and the temperature threshold may be updated from time to time.

The ACS Before School Check

Before heading off to school check for the following:

Have you had a positive COVID Test within the past 14 days?

Have you traveled to a state where COVID 19 is spreading or on the rise?

If you answered yes to any of these, keep your child at home and contact the ACS school nurse at 603-875-7500.
The School Day

All students will be required to wear a mask at all times during the school day. However, teachers will be strongly encouraged to schedule outdoor “mask free time” throughout the day and design outside “mask free activities” when deemed appropriate.

- All students will have their own individual box with items (pencils, crayons, paper, etc) they will need to be successful throughout the day. Students will not share materials or items and will have their own tools assigned to them in order to access the curriculum.

  - Students will be scheduled for hand sanitizing several times throughout the day.

  - All desks (no group tables) will be placed at least 6’ apart.

- Students will use the bathroom protocol and will practice a hand washing routine.

For example, if block building is one of the toys being played with for the day the teacher will lead children to discuss with each other what they are building, playing with, etc. We will be encouraging children to talk to each other, get to know each other and to learn from one another.

Within this time we will also be able to focus on social skills such as giving compliments, listening to others ideas, making eye contact, being kind, using friendly signals, etc. We will foster a sense of community and socialization while being able to maintain distance. After free play the children may be led by the teacher into a fine motor or art activity. The small group size will enable teachers to lead this activity for everyone, while maintaining distance.

The school will restrict accessibility. Items dropped off by parents after the start of school will be retrieved by the office staff from the vestibule and delivered to the student. Early dismissal students will be picked up from the preschool in the back parking lot loop. Early dismissal will need to be pre-arranged with preschool teachers. The preschool staff will escort students in/out.

Snacks/ Milk
Students need to bring their own snack and drink from home. Students need their own reusable water bottle.

All belongings must be labeled on all items belonging to the student.
Mask or No Mask?

All students will be required to wear a mask at all times during the school day.

Teachers will schedule outside “mask free time” throughout the day and design outside “mask free activities” when deemed appropriate.

Areas around the school have been identified as outside work spaces. Staff will be required to wear a mask.

Children/Staff are encouraged to bring a mask from home (school appropriate) however the school will provide a mask when needed.

Healthy Hygiene Behavior/Hand Washing

Hand sanitizers will be available for children’s use under adult supervision, near all entry doors, classrooms, and other high traffic areas.

All children and staff will engage in hand hygiene at the following times:

• Arrival to the school and after breaks
• Before and after preparing food or drinks
• Before and after eating or handling food, or feeding children
• Before and after administering medication or medical ointment
• Before and after diapering
• After using the toilet or helping a child use the bathroom
• After coming in contact with bodily fluid
• After playing outdoors or in sand
• After handling garbage

Procedures: Wash hands with soap and water for at least 20 seconds. Touchless hand sanitizers can be used if soap and water are not readily available.
- Children will be supervised when they use hand sanitizer to prevent ingestion.
- Children will be assisted with handwashing, who cannot wash hands alone.
- After assisting children with handwashing, staff will also wash their hands.
- **Posters** describing handwashing steps near sinks.
- Bathroom procedures will be in place; following social distancing and hand washing procedures.

**Toileting Needs**

For students who need assistance in the restroom—Staff will wear protective clothing, gloves, and PPE.

- Staff will wash their hands prior to going to the restroom with the student.
- Staff and students will wash their hands after using the restroom.

**Diapering**

- Education providers will wash their hands, neck, and anywhere touched by a student’s secretions.
- Educators themselves will change the protective clothing, if there are secretions on it, and wash them again.
- Contaminated clothes will be placed in a plastic bag and sent home.
- Students will be required to have multiple changes of clothes on hand.
  - Clothes must be sent to school in a labeled bag so that all student items remain separate.

**Recess**

Preschool children will have recess at their own designated time; COVID 19 guidelines will be followed.

Students will wear a mask on the playground.

Students must be dressed appropriately for the weather (snow pants, hats, mittens, boots, etc). All outdoor clothing must be labeled with the child’s name.

Students are not allowed to bring items from home to play with at recess.

Hand sanitizing stations will be set up near the playground.
What Happens when my Child doesn’t feel well at school?

There are times when a child does not feel well but can still come to school. For example, students with diagnosed allergy symptoms (with no fever) that causes coughing with a clear runny nose or those with well-controlled asthma may be able to manage their symptoms, are not contagious, and have a working relationship with the school nurse.

Students and/or Staff must remain at home if they:

- Show symptoms of Covid-19 such as a fever higher than 100.4, a cough, shortness of breath, diarrhea, muscle pain, sore throat, difficulty breathing, chills, congestion, headache or a loss of taste or smell.

- Have been in close contact with someone with Covid-19 in the last 14 days.

- Contact April Elliott, the ACS Nurse, at 875-7500 to discuss symptoms and re-entry decisions.

What happens if symptoms begin while at school?

If the above symptoms begin while at school, the student (or staff member) will be sent home immediately. A designated isolation room, separate from the nurse’s office, will hold symptomatic students until a parent/guardian can take them home. While in the room, they must wear a mask and will not be left alone. Parents must arrange for pick-up within one hour. The room will be disinfected after it is occupied.

Parents/Guardians must notify ACS if they have been exposed to Covid-19 and are quarantined, or if a family member has been diagnosed with or presumed to have Covid-19 and/or is being isolated. Please contact April Elliott, School Nurse at 603-875-7500.
Masks and Children with sensory issues
Many children with autism are very sensitive to touch or how something feels. A mask touching the face, pulling on the ears or just the air from breathing inside the mask can be bothersome to them. Just the fact that a child with autism has to wear a mask is different from their normal routine can be enough to cause protest.

Dealing with fear
We know kids with autism can make associations to some things that we may not even recognize. They might associate a COVID 19 mask with past negative experiences. Some children are scared of Halloween costumes, superheroes, or clowns or healthcare workers who wear masks.

Be clear when talking about the virus and why a mask is a protective boundary.
- PBS News Hour offers some tips and a video to assist those with autism in understanding how to be healthy during COVID 19.
- The Boggs Center and Children’s Specialized Hospital offer a social story that may help: I can stay healthy by wearing a face mask.
- Two Way Street has created a COVID-19 chat visual board and also has a Support Understanding packet with resources, visual supports, social stories, and other suggestions to assist your child in understanding social distancing practices.

State clear expectations
“If then and First, Then language may be helpful. “If we want to go back to school, then we have to wear our mask,” or First, mask on. Then, outside.”

Use a visual schedule.
**Things you can do**
Look at the mask first. Just touch it. Hold it. Explore so it isn’t a strange thing. Label it. Show your child pictures of someone else wearing it. Put it on your face and take it off. Use a mask as a piece of clothing to put on a doll or a stuffed animal.

**Make it fun**
Make it a game. Pair putting on a mask with some giggles or tickles or whatever will make it fun or funny. Play peek a boo with the mask.
Give the child choices of masks. There are the paper masks, but there are several other masks available made out of a variety of materials.
Can you decorate the mask? Use some fabric with a special character? Make the mask a favorite color? Write something on the mask?

**Change what is undesirable about the mask**
If elastic hurts, can the mask be tied?
Find a favorite baseball hat and attach buttons to the hat for the mask elastic loops to go around or use a headband with buttons for the mask to attach. This takes away stress from the backs of ears.
Face masks with around the head tie straps.
Change the size of the mask to make it more comfortable
Try to find out exactly what it is about the mask that bothers the child. Is it the fabric? Some children prefer masks made out of t-shirt material as it is not as stiff as other fabric masks. Experience with different masks, until you can find one that’s easier for your child to tolerate.
Consider wearing a gaiter (a cloth neck covering that can be pulled up over the face-some have cut outs for the ears).

**Work up to wearing a mask and build in rewards**
Create a step by step approach to get to the final goal of wearing a mask.
Here is an example of step by step:

- Touch the mask
- Hand mask to Mom
- Hold the mask up to your face
- Put it on and take it off
- Put it on for 20 seconds (use a visual timer)

Some kids will need more steps and some will need less. Use the most helpful reward system to let the child know they are doing something good.
Other Suggestions

**Take pictures** to show someone else how the child accomplished a step with the mask. Post a picture where the child can see a teddy bear wearing a mask. Then ask the child if they want a picture of them wearing a mask? Put their picture on display too!

**Write a story or make a book**
Written Conversations, Social Stories, and picture books all assist children to understand. Depending on the age and skill level of the child; you may need to create a book or have the child create their own.

**Make it a routine**
Children with autism are known for establishing a routine and then once they have learned that routine, it can be difficult to change it. Important to note to take the time needed to develop a positive routine with masks as you will want to avoid creating a negative reaction toward the mask.

Think long term. We want kids to be able to handle life events like getting medical treatment without a problem. We also want them to be able to attend school without trauma.

Teaching a child to wear a mask can be thought of as an opportunity to learn a new skill as well as learning how to overcome fear.

**Reinforce the positive behavior**
Since this will likely be a large challenge, try to make it as motivating as possible.

- Provide a favorite reward as a consequence for keeping the mask on for a certain time period (remember to start small).

- If the child has a favorite character, superhero, or movie, provide a personalized mask with their favorite character.

- Consider having the child wear the mask to do a favorite activity (while playing a game, swinging in the backyard, coloring, etc) to assist in getting used to the mask. This can be a helpful distraction as well as helping it become more habit forming.

- Have different people in the daily ask the child to wear the mask and practice at different times and places.
Dear Families,

Good news! We are going to kick off spring sports at ACS! We will continue to follow CDC and NHIAA COVID 19 guidelines; so things may be a bit different, but your athlete will finally be participating in school sports!

Sports being offered at ACS this spring will be:

**Baseball and Softball for Grades 6-8** (if numbers are low we will drop to 5-8)
- Practices for Baseball and Softball will be held at ACS, Monday-Friday 3-4:30.

**Track & Field for Grades 5-8**
- Practices for Track & Field will be held at Prospect Mountain 3-4:00, Monday-Thursday.

**Intramural outdoor co-ed Volleyball Grades 5-8** as well!
- Due to the Gym being closed, we will not be able to practice until the fields are available. So, an actual start date has not been set as of yet. Hopefully the winter will be kind and we can get things rolling soon!
- Intramural Co-ed Volleyball: TBA

**Guidelines and Changes for Spring Sports:**

- Parents are strongly encouraged to transport their athletes to and from games and practices.
- It will be the responsibility of the parent to contact the coach by Fridays for the following week's transportation needs. No contact will mean no transportation.
- Only Athletes and Coaches are allowed on the fields during practices and games.
- Athletes can change in the locker rooms, 4 at a time, wearing a mask.
- Coaches will check the temperature of Athletes before every game and practice.
- Athletes will not share equipment. For Baseball and Softball a personal helmet will be required.
- Parents need to stay in a vehicle when picking up their athlete.
- Athletes will sanitize their hands before, during, and after practices and competitions.
- If you watch practice, please do so from your vehicle.
During competitions:

- Please stay 20 feet away from the baseball/softball fields and at least 6 feet away from Track & Field Athletes.

- Masks are required as well as social distancing at Athletic events for spectators and athletes.

- Coaches will be responsible for sanitizing all equipment after any competitions.

- Dugouts will not be used for baseball and softball. Chairs will be provided for the teams.

- Competitions for Track & Field will be on a staggered start. We are hoping to be at PMHS.

- All equipment will be sanitized by Coaches.

Sign-ups and permission forms are available on the school website (or Click Here).

- Practices will begin when the snow is gone.

- If we go remote pivot days, practices and games are still on!!

- If the building is shut down, so are sports.

Other teams will be required to follow the same protocols when playing at Alton.

Coaches will have other sport specific guidelines to follow.

I hope this covers everything. If you have any questions, please feel free to email me at rper-rin@sau72.org

Stay well,
Russ Perrin AD
2021 Spring Sports

The guidelines outlined below must be followed by all student athletes, coaches and spectators.

**Baseball/ Softball:**
- Dugouts are off limits. (Chairs will be provided)
- Face masks are required at all times
- Once on the mound, the Pitcher does not need to wear a mask
- Athletes must bring their equipment/ clothes in a bag so that all items are kept separate
- Athletes must provide their own helmet
- No sharing of equipment
- Athletes can change in the locker rooms or in student bathrooms, 4 at a time, wearing a mask
- End of game sportsmanship will be a wave
- Social distancing whenever possible
- Umpires may work from behind the Pitcher

During competitions: Please stay 20 feet away from the baseball/softball fields

**Track & Field:**
- Students should come to school prepared/dressed for practice (locker rooms will not be available)
- Relays wear gloves
- Skip a lane during races or staggered starts when possible
- Masks at all times, except during competition
- All throwing implements must be sanitized after each use
- We are hoping to be at PMHS
- High Jump (TBD NHIAA Guidelines)
- During competitions: Please stay at least 6 feet away from Track & Field Athletes
- Students will be dismissed at 2:10 to take the bus to PMHS.

**COED Intramural Volleyball**
- Games and practices will be outside on the basketball court
- Face masks required at all times
- Social distance whenever possible

**FOR ALL SPORTS:**
- Only Athletes and Coaches are allowed on the fields during practices and games
- Coaches will check the temperature of Athletes before every game and practice
- Athletes will not share equipment
- Students who have been learning remotely and homeschooled students must complete the Covid questionnaire at the beginning of every practice and competition. Students will not be allowed to participate if the standards are not met on any one of the items.
- Parents are strongly encouraged to transport their athletes to and from games and practices.
  - It will be the responsibility of the parent to contact the coach by Fridays for the following week’s transportation needs. No contact will mean no transportation.
  - If parents are not staying for a practice: upon arrival for pickup and drop off, please remain in your vehicle.
- Spectators will be required to wear a mask and use social distancing
- Stay with your school when not competing and socially distance
- Athletes will sanitize their hands before, during, and after practices and competitions
- Port o Potties will be available
- Coaches will be responsible for sanitizing all equipment after any competitions
- Other teams will be required to follow the same protocols when playing at Alton

**ALL SUBJECT TO CHANGE PENDING ANY CHANGES WITH NHIAA AND CDC COVID 19 GUIDELINES.**
## Covid Re-Entry Plan Updates

<table>
<thead>
<tr>
<th>Updated</th>
<th>From</th>
<th>To</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-15-20</td>
<td>Bathroom Protocol, pg 3, bullets re: red post it notes</td>
<td>Bathrooms will be sanitized regularly and consistently throughout the day by a building custodian.</td>
<td>The red post-its were causing some anxiety for the students and causing some clustering at the bathroom.</td>
</tr>
<tr>
<td>9-15-20</td>
<td>(previously not included)</td>
<td>Covid Status Team Description</td>
<td>This was new to monitor the effectiveness of protocols, health practices.</td>
</tr>
<tr>
<td>9-15-20</td>
<td>(previously not included)</td>
<td>Utilize Google classroom to facilitate instruction for in-person and remote students.</td>
<td>Mentioned in the original plan but formalized in the MOA.</td>
</tr>
<tr>
<td>9-15-20</td>
<td>(previously not included)</td>
<td>No homework during the pandemic.</td>
<td>Discussed but not included in the original plan.</td>
</tr>
<tr>
<td>9-15-20</td>
<td>(previously not included)</td>
<td>Work areas will be designated for staff to minimize cohort mingling. A copy machine and supplies will be provided in each space when available: K-2, teachers’ room; 3-4, a 3-4 classroom; 5-6, cafeteria annex; 7-8, cafeteria; UA, Makerspace.</td>
<td>Discussed but not included in the original plan.</td>
</tr>
<tr>
<td>9-15-20</td>
<td>If someone is showing symptoms: Not Tested; Negative Test or Positive Test- May return when all of the following conditions are met: they have not had a fever for a least 24 hours without the use of medicine that reduces fevers; and, other symptoms have improved (for example, when a cough or shortness of breath has improved); and, at least 10 calendar days have passed since the symptoms first appeared; and, has contacted the school nurse the day before the child/staff</td>
<td>If someone is showing symptoms: Not Tested; Negative Test or Positive Test- May return when all of the following conditions are met: they have not had a fever for a least 24 hours without the use of medicine that reduces fevers; and, other symptoms have improved (for example, when a cough or shortness of breath has improved); and, at least 10 calendar days have passed since the symptoms first appeared; and, has contacted the school nurse the day before the child/staff</td>
<td>New guidance (9-1-20) from the CDC and DHHS recommends allowing students back in school with a negative test. See document outlining the specific guidance.</td>
</tr>
<tr>
<td>Date</td>
<td>Notes</td>
<td>Details</td>
<td>Notes</td>
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<tr>
<td>9-15-20</td>
<td>(previously not included)</td>
<td>Students who are home due to the 10-day isolation period and are well enough to take part in learning, are encouraged to remote into their classroom. Upon being sent home, the student will be given information on how to contact the teacher to get help to connect remotely to the classroom.</td>
<td>This practice was taking place and a form was created to give parents written information. This inclusion documents the practice.</td>
</tr>
<tr>
<td>10-6-20</td>
<td>(previously not included)</td>
<td>Steps to follow when notification is received of a positive test.</td>
<td>To assist with future positive notifications</td>
</tr>
<tr>
<td>10-6-20</td>
<td>(previously not included)</td>
<td>Addendum</td>
<td>One central location to keep forms, letters, etc.</td>
</tr>
<tr>
<td>10-13-20</td>
<td>(previously not included)</td>
<td>Addressing secondary contacts: Family members of the close contact student should closely monitor themselves for any</td>
<td>Guidelines from NH DHHS not previously addressed</td>
</tr>
<tr>
<td>Date</td>
<td>Action/Status</td>
<td>Description</td>
<td>Source</td>
</tr>
<tr>
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</tr>
<tr>
<td>11-2-20</td>
<td>(previously not included)</td>
<td>When a person is identified with a positive test and contact tracing takes place, the impacted classroom will be closed immediately and an alternative room will be used for the unaffected students.</td>
<td>Guidelines from NH DHHS not previously addressed.</td>
</tr>
<tr>
<td>11-2-20</td>
<td>Working in conjunction with the health department, a “Close and Clean” determination will be made as to if and how long, part or all of the school, must be closed.</td>
<td>Working in conjunction with the health department and considering the location of the person with the positive case, the building will close for no less than two days for cleaning.</td>
<td>Agreement from ATA MOA on 10/29/20.</td>
</tr>
<tr>
<td>12-1-20</td>
<td>Students and staff will be required to self-quarantine for 14 days if they have recently had contact with a person with a suspected or confirmed case of Covid-19.</td>
<td>Students and staff will be required to self-quarantine for 14 days if they have recently had contact with a person with a suspected or confirmed case of Covid-19.</td>
<td>Updated guidance from DHHS</td>
</tr>
<tr>
<td>12-1-20</td>
<td>Previously not included</td>
<td>Students and staff must remain at home if they have a household member who is displaying symptoms.</td>
<td>Reflects the practice of the last several months.</td>
</tr>
<tr>
<td>12-1-20</td>
<td>Students and staff must remain at home if they have been in close contact with someone with Covid-19 or with a suspected case in the last 14 days.</td>
<td>Students and staff must remain at home if they have been in close contact with someone with Covid-19 or with a suspected case in the last 14 days.</td>
<td>Updated guidance from DHHS</td>
</tr>
<tr>
<td>12-15-20</td>
<td>(previously not included)</td>
<td>When circumstances make it possible for only a partial section of the building to be closed when a positive case is reported, families will be notified regarding the affected grade levels. During a partial closure, parents may request from the Principal a medical waiver allowing a sibling to remote into class (to assist with childcare and/or other family needs).</td>
<td>Approved by CST and ATA (1/4/21) School Board approved 1-11-21</td>
</tr>
<tr>
<td>1-5-21</td>
<td>Each mid-trimester, families will have the option of re-assessing their decision and must contact the office regarding any change in their form of attendance for the following trimester. Parents can opt “out” of in-school learning at any time during a trimester, but cannot opt “in” during a trimester.</td>
<td>Each mid-trimester, families will have the option of re-assessing their child’s learning platform and request a change for the following trimester. In-person learning will be granted if there is available space. Requests for a change in a learning platform other than that mid-trimester must be made to the Principal and will be considered/granted on a case-by-case basis.</td>
<td>For clarification and to reflect current practices. School Board approved 1-11-21</td>
</tr>
<tr>
<td>1-5-21</td>
<td>Students and staff will be required to self-quarantine for 14 days if they have:  · Recently had contact with a person with a confirmed case of Covid-19;  · Has someone in their home being tested for Covid-19; or  · Has recently traveled from somewhere considered to be a “hot spot” by the CDC.</td>
<td>Students and staff will be required to self-quarantine for 10 days after the last date of exposure if they have:  · Recently had contact with a person with a confirmed case of Covid-19;  · Has someone in their home being tested for Covid-19; or  · Has recently traveled from somewhere considered to be a “hot spot” by the CDC.</td>
<td>New NH DHHS Guidelines School Board approved 1-11-21</td>
</tr>
<tr>
<td>Date</td>
<td>Students and/or Staff must remain at home if they:</td>
<td>Students and/or Staff must remain at home if they:</td>
<td>Guidance from DHHS Approved SB 1-11-21 CST 1-19-21</td>
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</tbody>
</table>
| 1-19-21    | - Show symptoms of Covid-19 such as a fever higher than 100.4, a cough, shortness of breath, diarrhea, muscle pain, sore throat, difficulty breathing, chills, congestion, headache or a loss of taste or smell.  
  - Have been in close contact with someone with Covid-19 in the last 14 days.  
  - Have a household member who is displaying symptoms.  
  - Contact April Elliott, the ACS Nurse, at 875-7500 to discuss symptoms and re-entry decisions. | - Show symptoms of Covid-19 such as a fever higher than 100.4, a cough, shortness of breath, diarrhea, muscle pain, sore throat, difficulty breathing, chills, congestion, headache or a loss of taste or smell.  
  - Have been in close contact with someone with Covid-19 in the last 14 days.  
  - Have a household member who is displaying symptoms.  
  - Contact April Elliott, the ACS Nurse, at 875-7500 to discuss symptoms and re-entry decisions. | Guidance from DHHS Approved SB 1-11-21 CST 1-19-21 |
| 1-19-21    | Students and staff will be required to self-quarantine for **10** days after the last date of exposure if they have:  
  - Recently had contact with a person with a confirmed case of Covid-19;  
  - Has someone in their home being tested for Covid-19; or  
  - Has recently traveled from somewhere considered to be a “hot spot” by the CDC. | Students and staff will be required to self-quarantine for **10** days after the last date of exposure if they have:  
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  - Has someone in their home being tested for Covid-19; or  
  - Has recently traveled from somewhere considered to be a “hot spot” by the CDC. | Guidance from DHHS Approved SB 1-11-21 CST 1-19-21 |